

Our full-time activities officers go out of their way to ensure that our students make the most of their stay in Montpellier. At LSF, we offer a unique weekly activity and excursion programme on a pay-as-you-go basis. The activities below are sample activities, please note that they might not be available every week of the year. Prices might vary. This list is not exhaustive and we offer many more activities and excursions !



DISCOVER FRENCH GASTRONOMY

- NEW** Pastry tasting: 25€
- Regional products tasting: 8€
- Castle visit with wine-tasting: 15€
- French pastry workshop: 40€
- NEW** Professional wine-tasting: 12€
- Tapas and wine: 20€
- Wine tour in the Pic St Loup: 40€
- Gourmet tour in Sète 50€
- Brunch at school: free
- Cooking lesson with a chef (3h): 80€



EXPLORE THE SOUTH OF FRANCE



- Guided tour of Montpellier: free
- Half-day excursion by bus:**
for eg Avignon, Aigues-Mortes 30-40€
- One-day excursion by bus:**
for eg Carcassonne, Marseille 45-50€
- NEW One-day excursion by bus to**
Aix-en Provence 45 €
- Half-day excursion by minibus to**
Navacelles + honey-tasting: 45€
- Boat tour to Sète: 40-45€**



EXPERIENCE FRENCH CULTURE



- Exhibition guided visit: free
- Watercolor class: 20€
- Film festival (CINEMED): 4,5€
- Cinema + debate in a bar: 9€
- Cine-club at school: free
- Opéra Concert: 12-15€
- Open dance rehearsal: free
- theater show: 12€
- Topical debate at school: free
- Cine-club at school: free
- NEW** Skiing weekend: from 250€
- free Pétanque

TRY OUR OUTDOOR ACTIVITIES

- Theme walk around Montpellier: 5€
- Bike-ride to the beach: 10€
- Beach-volley: 10€
- Walk and picnic by the river: 10€
- Beach pizza party: 15€
- Mountain walk: 12-25€
- Canoeing: 25€
- Horse-riding in the Camargue: 45€
- Canyoning: 50/60€
- Trampolining: 15€
- Wake-board: 25€
- Stand up paddle: 20€
- Via ferrata: 40€
- Hiking: 30€

